

UNIT: 1 SPORTS STARS

CLASS : VI

SUBJECT : ENGLISH

SECTION – I

I. Put a (✓) for the correct and (x) for the incorrect statements.

1. A school-going girl writes the diary account. **False**
2. The boy was so inspired by Mithali that he was happy for his sister to play cricket. **True**
3. Mithali Raj is happy to be recognised as Tendulkar of Indian Women's Cricket. **True**
4. Women should not be compared with men in cricket, says Mithali. **True**
5. Mithali Raj was not encouraged to play cricket by her family members. **False**
6. Mithali is one of the women players to score seven consecutive 50s. **True**
7. Mithali's mother tongue is Telugu. **False**

II. Answer the following briefly.

1. When did Usha Rani start playing Kabaddi?

Usha Rani joined the club and started playing kabaddi at National level in sub-junior category.

2. What did she sell to support her family?

She sold flower to support her family.

3. Find out the idiom that relates to 'Whatever the circumstances', from the first paragraph.

Usha Rani in the shanty town. Her other unfulfilled dream to become an athletic. So he determined practiced Kabaddi at National level in sub – junior category.

III. Identify and write the sport's name respectively.



Kabaddi



Cricket

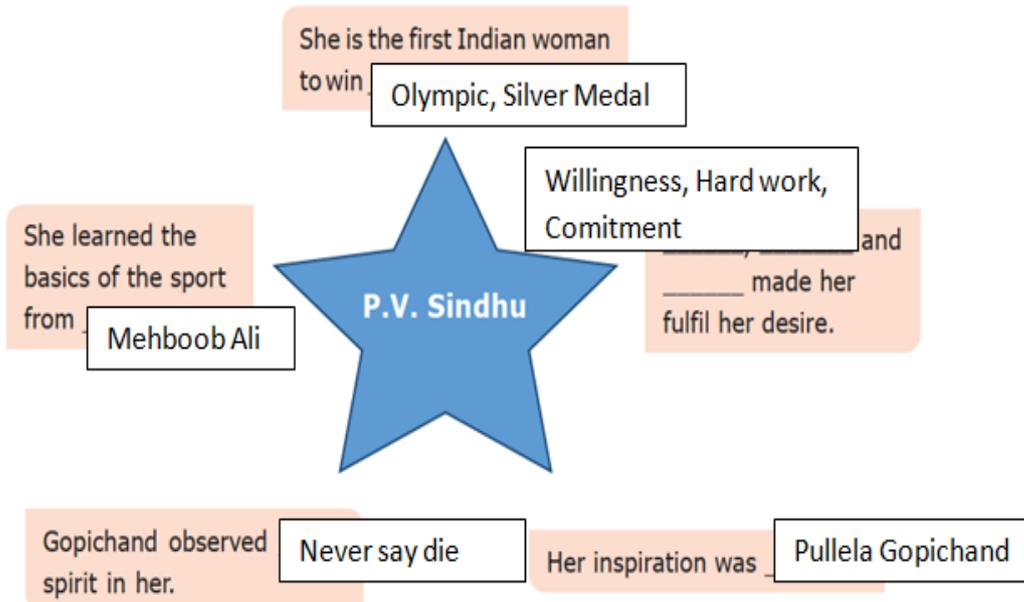


Bad Minton

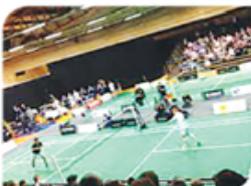


Relay Race

IV. Complete the Mind Map given below.



I. Identify the sports and the sports personalities from the lesson and fill in the table.

Sports	Name of the player & Field of sports	Awards
	Usha Rani, Kabbadi	Gold Medalin Kabbadi
	P.V.Shindhu Badminton	Silver medal in 2017 Olympics. Rajiv Gandhi Khel Ratna Award in 2016. Padma Sri in 2015. Arjuna award in 2013.
	Mithali Dorai Raj Cricket	Padma Shri Award

II. Read the questions related to the three sports stars you have read about and tick the appropriate boxes.



- | | | | |
|-------------------------------------------------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| 1. Who won the Olympic 2017 silver medal in badminton? | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 2. Who is the role model for her siblings? | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 3. Whose mother tongue is Tamil? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Whose attitude is 'never-say-die spirit'? | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| 5. Which player works in the Police Department? | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 6. Which player holds the record for the highest individual score in cricket? | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

III. Think and answer.

1. Women/ Men can achieve anything, provided they put their heart and soul into it.

Discuss in the class. Do you think being a man or a woman makes a difference?

In this world of competition, everyone can achieve success, if they put their heart and soul into their task. Every person who achieves success in life, has to work hard with dedication and determination. It's no matter, whether they are men or women. That makes no difference. All that matters is only hard work, determination and the willingness to achieve something big. One can always learn something from another person's story. Each one of us should believe in ourselves and follow our passion to win with devotion and dedication. Success will surely embrace us one day.

2. How can you balance your academic goals and your passion for sports or arts?

A person's determination and readiness to cross the obstacles in life, can make him / her to balance his / her academic goals and the passion for sports or arts. P.V. Sindhu is a good example for this. Despite being busy with her training schedules and International tournaments, she managed to attend regular school until class 9, after which all her classes were through correspondence. She did balance both her passion as well as her academics and she holds a Bachelor's degree in Commerce (B.Com.). The other sports stars who balanced their passion for sports and academics are Rahul Dravid, Anil

Kumble, V.V.S. Laxman, K. Srikanth, M.S. Dhoni, Murali Vijay and Suresh Raina. All these stars excelled in Cricket. There are also others, who have excelled in the field of sports and academics. Therefore, the determination to surpass both in academics and sports and the ability in balancing both are the prime factors to achieve success in both the fields.

VOCABULARY

A. Match the sport and the equipment.

- | | | |
|---------------|---|---------------|
| 1. Football | - | Helmet |
| 2. Tennis | - | Racquets |
| 3. Golf | - | Club |
| 4. Volleyball | - | Net |
| 5. Archery | - | Bow and Arrow |

B. Find the names of twelve sports and games from the grid.

A	K	A	B	A	D	D	I	T
S	I	V	W	O	I	M	C	A
D	T	E	N	N	I	S	E	B
F	E	C	H	E	S	S	S	L
G	F	A	O	R	I	W	K	E
O	L	R	C	E	U	I	A	T
L	Y	R	K	L	T	M	T	E
F	I	O	E	A	W	M	I	N
P	N	M	Y	Y	D	I	N	N
P	G	P	J	R	T	N	G	I
Y	T	S	U	M	O	G	R	S

C. Tick the meaning of the italicised word.

- Being compared to Sachin is an absolute *privilege*.
 a. Honour b. Right c. Favour d. Disadvantage
- The boy was taken by *surprise* when he learnt about Mithali Dorai Raj.
 a. Affected b. Moved c. Amazed d. Upset
- Usha Rani had to *struggle* all through her life.
 a. Fight b. Duel c. Fun d. Work hard
- Usha Rani is *expert* at giving leads.
 a. Clumsy b. Sharp c. Skilled d. Bad
- No *opponent* is too big to defeat.
 a. Competitor b. Rival c. Helper d. Enemy

D. Fill in the blanks with the opposites of the words given in brackets.

1. We should learn from our **failure** (success).
2. Children don't like to read **uninteresting** (interesting) books.
3. Be **specific** (general) when you are telling us what you need.
4. The teacher asked the children to **stop** (start) talking.
5. The new boss decided to **dismiss** (appoint) the lazy workers.

E. Listen to your teacher and number the pictures accordingly.



Scuba diving



Water rafting



Para gliding



Skiing

E. a) Write 'T' if the statement is True and 'F' if the statement is False.

1. Himachal Pradesh is an ideal place for paragliding. **True**
2. Skiing offers opportunities to delve into oceans. **False**
3. Paragliding is also a recreational adventure sport. **True**
4. Scuba Diving has a huge following all over the world. **False**
5. The most suitable period for Skiing is from March to June. **False**

F. Look at these images of different kinds of sports. Identify and name as many as you can with your partner.



1. Football
2. Weight Lifting
3. Cycling
4. Swimming
5. Skiing
6. Horse Riding
7. Basket Ball
8. Running
9. Gymnastics
10. Tennis
11. Boat race
12. Hockey

Describe any one of them to your partner.

Name of the sport: Cricket

I love to play cricket with my friends. I often watch cricket matches with my father and my brother.

What equipment is used to play the sport?

The equipments used for this sport are pads, chest guard, elbow guard, helmet, abdominal guard, gloves, cricket bat and cricket ball.

What kind of area/ground/field it is played in?

It is played on a field, where there is a rectangular 22-yard long pitch.

How is it played?

It is played between two teams of eleven players. Each team attempts to score runs, while the other team will defend by fielding. I enjoy playing this game whenever I get free time.

Present your sport to the class in four to five sentences.

These phrases will help you.

- I like to play cricket.
- I play cricket regularly with my friends.
- Cricket is an outdoor game.
- This game requires eleven players.
- The cricket sport has a bat, ball, leg pads, chest guards, elbow guards, gloves and , an abdominal guard.
- It is generally played in a ground.
- I enjoy playing this game

G. Look at the picture and fill in the foiante with suitable words.

1. There is a play ground in my school.



2. The starry sky looks beautiful at night.



3. The tray has fresh vegetables.



4. It is a hot day.



5. The girl gave her friend a pleasant smile.



H. Put the words in correct order and rewrite each sentence.

1. They have a post-box. (Red, Small, Rectangular)
They have a small rectangular red post-box.
2. I have sticks. (Long, Two, Brown)
I have two long brown sticks.
3. Find me the brushes. (New, Five, Yellow)
Find me five new yellow brushes.
4. Mahesh is a boy. (Thin, Tall, Clever)
Mahesh is a tall thin clever boy.
5. It is a plate. (Round, Pink, Small)
It is a small round pink plate.

I. Refer to a dictionary for the meanings and circle the odd one.

1. Tiny - Small, Enormous, Little, Puny.
2. Ample - Great, Plentiful, Generous, Restricted.
3. Kind - Harsh, Concerned, Charitable, Gentle.
4. Honest - Reliable, Trusty, Sincere, Deceitful.
5. Cheerful - Bright, Low, Gay, Contented.

UNIT : 1 TEAM WORK (POEM)

A. Read the poem aloud and fill in the wheel with its rhyming pair. Also try giving your own rhyming word. One is done for you.



B. Fill in the table.

Contraction is a shortened form of a word or group of words, with the omitted letters often replaced in written English by an apostrophe (').

It's	It is
Doesn't	Does not
There's	There is
You'll	You will

That's	That is
I've	I have
He'd	He would / He had
Aren't	Are not
He's	He has
Won't	Will not
Can't	Can not

C. Answer the following questions.

1. What qualities are needed to play a game?

Planning, co-ordination with your teammates, true spirit of the team, setting your mind and will on the goal in front of you, fighting for the team and helping them to score are the qualities needed to play a game.

2. What helps one win the game?

Working with your running mate, the team spirit, setting your mind and will on the game played, helping your fellowmen to score and forgetting self till the game is over, helps one to win the game.

3. How is team spirit created?

Team spirit can be created by recognizing the team players, who drive success within any team, treating all of them fairly, trusting them at all times and creating a right environment for them.

D. Read the lines and answer the questions given below.

1. It's helping your fellowman to score
When his chances hopeless seem;
Its forgetting self till the game is o're
And fighting for the team.

a) What does 'it' stand for here?

It stands for the team work.

b) Write the rhyme scheme for the above lines.

The rhyming words from the given lines is 'aba'.

2. They may sound your praise and call you great,
They may single you out for fame,
But you must work with your running mate
Or you'll never win the game;

a) Whom does 'they' refer to?

They refers to the people around you.

b) Which line talks about team spirit?

The 3rd line 'But you must work with your running mate' talks about the team spirit.

c) Pick out the rhyming words from the given lines.

The rhyming words are 'great – mate ; fame – game'.

E. Pair work. Discuss with your partner and list out any five team games.

- ❖ Football
- ❖ Hockey
- ❖ Cricket
- ❖ Kho-Kho
- ❖ Volley ball

Think To Win (Supplementary)

A. Choose the correct answer.

1. "Girls you are a good team." Which team do the girls belong to?
a. Badminton b. Hockey **c. Relay** d. Volleyball
2. Springfields is the name of a .
a. team b. house c. company **d. school**
3. The inter-school sports meet refers to competitions among the .
a. teams of the same school **b. schools in the locality**
c. schools in neighborhood d. schools from other districts
4. Seema is Rucha's .
a. friend b. teammate **c. younger sister** d. opponent
5. Order the names of the members in Team B relay event. Shabnum was followed by
a. Neelam, Aruna, Rucha b. Aruna, Rucha ,Neelam
c. Neelam, Rucha, Aruna d. Aruna, Neelam, Rucha

B. Answer the Following.

1. How does Rucha differ from her sister?

Rucha is over protective of herself. She never did things rashly. Even in running ' and playing, she would be conscious of her movements. But Seema, her younger sister was bold and was ready to take any risks.

2. 'Springfields has a runner and they call her P.T. Usha'. Why did they call her so?

As the runner, runs very fast, like P.T. Usha, they call her so.

3. Describe the qualities of the new P.T. Instructor Mr. Prakash.

The new P.T. Instructor was very enthusiastic about sports and drove the children hard – praising them, scolding and correcting them. But most of time, he encourages and advises them a lot.

4. What words were ringing in Rucha's ears when she was running in the relay?

When Rucha was running in the relay, her P.T. Sir's words came to her mind. 'Think to Win' were the words ringing in her ears.

5. What did Rucha finally realise about herself?

She realised that she had overcome her hesitations and denials. She could win, whenever she chose to do so.

C. Read the given lines and answer the questions.

1. His voice came from some distance away and, Rucha realized that he was not holding the bicycle any more. "I will fall! I will fall!" she wailed.

a) What was she afraid of?

She was afraid of losing her balance and that she may fall down.

b. Was the boy closely following her?

No, the boy was not closely following her.

2. For the past two weeks he had been teaching her to ride.

a. Who was teaching whom?

Vishnu was teaching Rucha.

b. What was he teaching?

He was teaching Rucha to ride the bicycle.

3. Even 'P.T. Usha' came to shake her hand. "I thought I was fast, but you were simply superb!" she shook hands with her.

a) Who does the word 'you' refer to?

'You' refers to Rucha, the winner.

b. What quality of the speaker is revealed?

The speaker's attitude to take her loss sportively and the good heart to praise the opponent's ability.

E. Discuss in class.

1. How did Rucha overcome her self-doubts? How can shyness and fear be overcome?

Rucha was overprotective of herself. She never did things rashly. She would be conscious of her movements, even in running and playing. Her friends used to console

her and motivate her, whenever she failed in her attempts. She had hesitations, self-doubts and denials in whatever task was done by her.

Her RT instructor Mr. Prakash observed these negative qualities in her and advised her to have only positive attitude towards everything. He asked her to believe in herself and don't ever think of losing, think to win. In the relay race, she put aside all her fears and self doubts about her ability. She just remembered her P.T. Sir's words and ran fast to the finishing line. She won the race and everyone was excited about this attempt of Rucha. She made it because she overcame her self-doubts.

Your shyness and fear can be overcome by being confident always, trying new things, engaging yourself in talks with others, giving speeches or presentations often, walking with your head high and be aware of what is happening around you.

F. Identify the sport name from the given Wuzzles. One is done for you.

AT LET ✓✓✓✓✓	SSSSSSSS MATCH	SKATING
ATHLETICS	Tennis match	Inline skating
COUNTRY COUNTRY	BALL	ATHALON ATHALON ATHALON
Cross country skiing	Base ball	Triathlon

G. Find the odd one out.

eg. **Weight lifting**, Boxing, Silambam, Fencing.

- Hide and Seek**, Kho-Kho, Tennikoit, Kabaddi.
- Badminton, **Cycling**, Tennis, Squash.
- Trapeze, Throw Ball, **Bowling**, Goalball.
- Snooker, **Polo**, Five Pins, Carrom Board.
- Cricket, Base Ball, Hockey, **Basket Ball**.