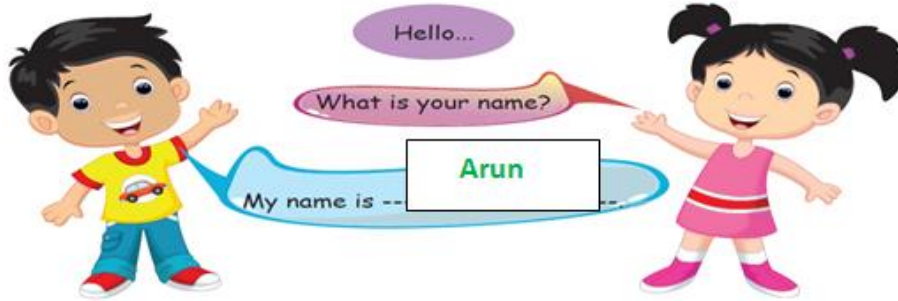


# UNIT 1 - HEALTHY FOOD

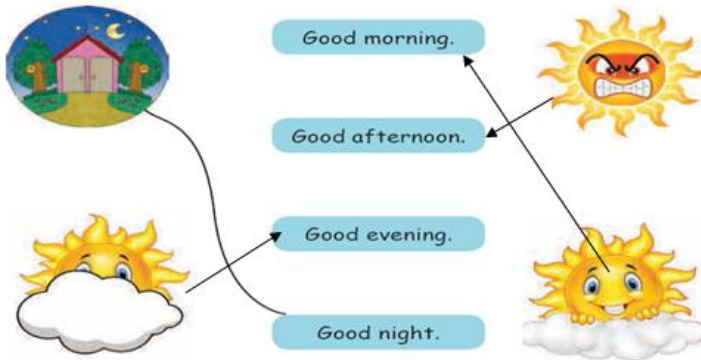
Class: I  
Subject: English



Let us revise



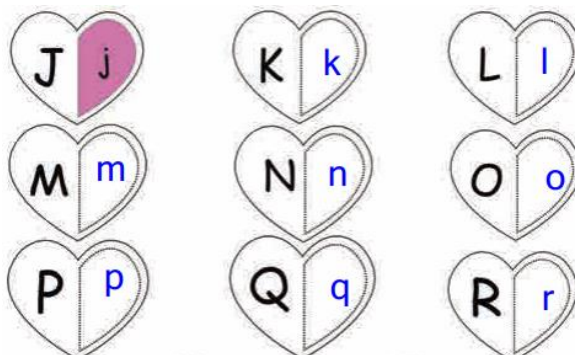
a. Match the greetings to the picture.



b. Circle the matching small letter in each row.

A	c	a	e	h
B	v	n	b	i
C	a	w	e	c
D	d	i	t	u
E	b	m	e	a
F	e	o	f	z
G	h	g	b	o
H	v	a	o	h
I	m	r	i	n

c. Write the small correct letter.



d. Use the small letters for the words given below.

eg. STAR

TREE

UMBRELLA

VAN



star



tree



umbrella



van

YAK



yak

ZEBRA



zebra

WATCH



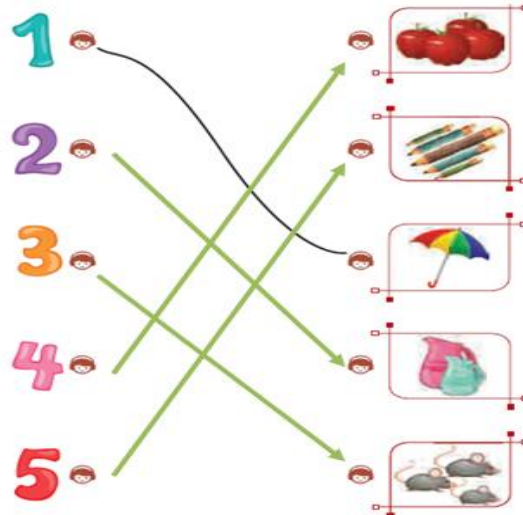
watch

XYLOPHONE



xylophone

e. Match the number with the picture.



f. Choose the correct word and write in the blank.

Yellow

orange

green

blue

red

Monkey has a



It is **Yellow**

Rat has a



It is **blue**

Frog has a



It is **Red**

Rabbit has a



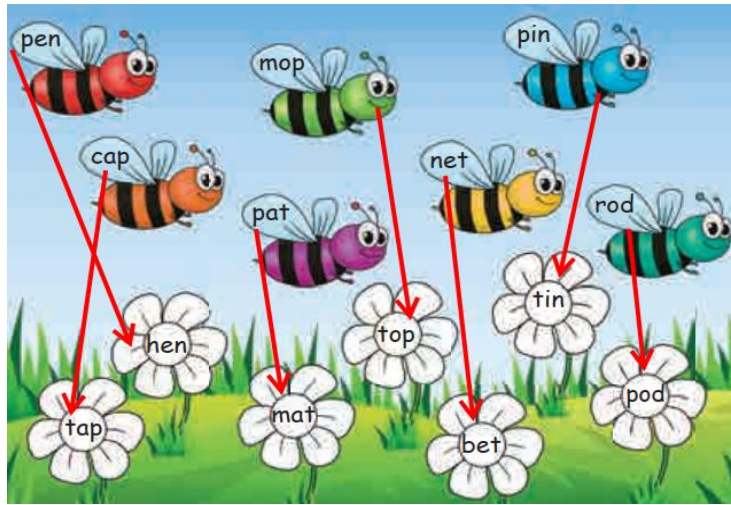
It is **Green**

Dog has a

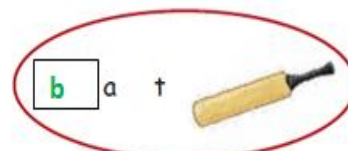
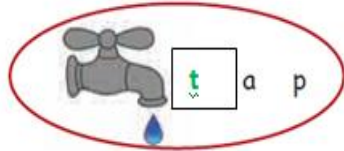
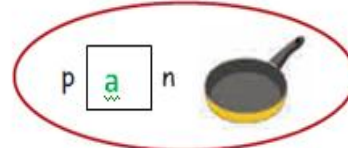
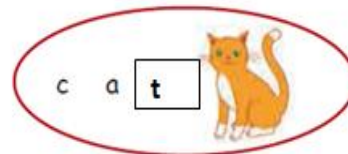
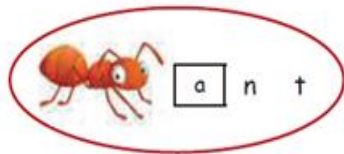
It is Orange



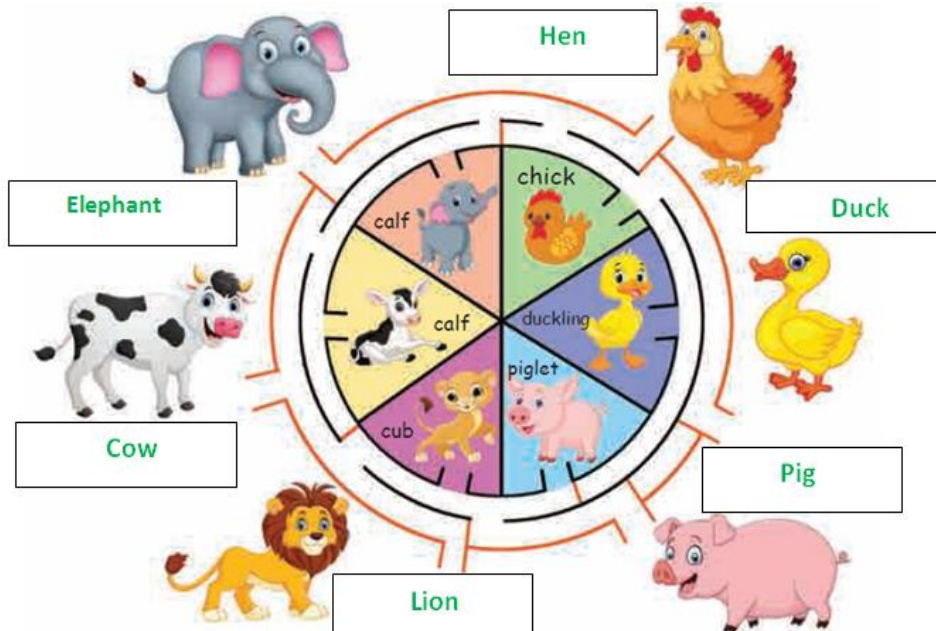
g. find the flowers that rhyme with each bee.



h. Write the missing letter for each word.



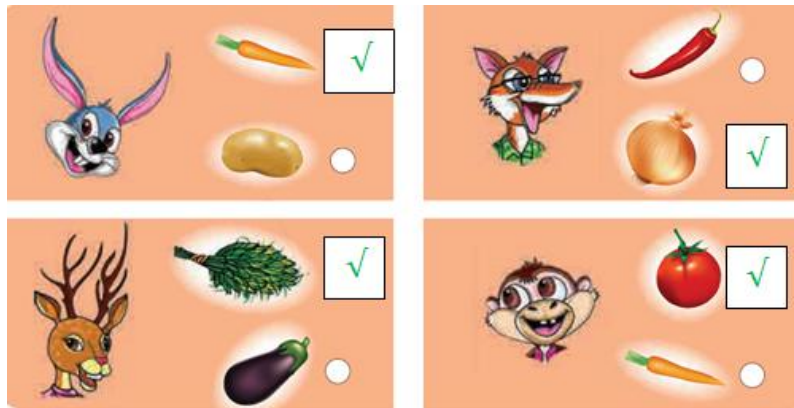
i. Find the young ones and write the mother's name.



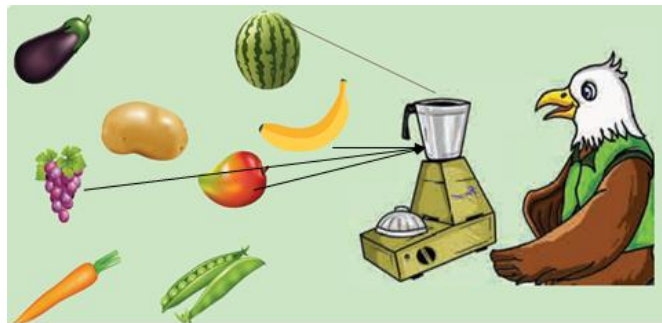


## Let us understand

a. What did the animals bring? Tick the correct vegetable.



b. Help the eagle to make juice. Draw lines and drop the fruits into the mixer.



c. Listen, think and write

1. I am a fruit.

I am green.

I am spicy.

Who am I? Chilli

2. I am a vegetable.

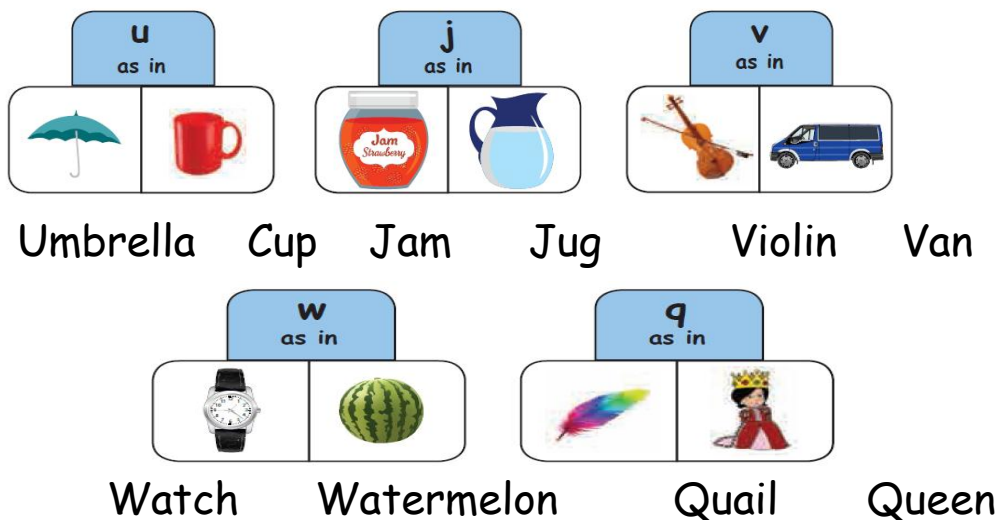
I am small and round.

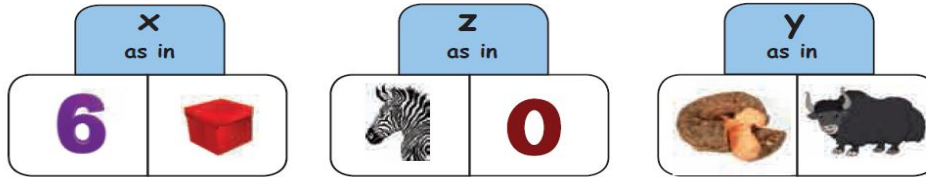
I am yellow and sour.

Who am I? Lemon

## Let us say

a. Listen and say





Six Box

Zebra Zero

Yam Yak

### Let us follow

a. Circle the healthy food and cross the junk food.



Do you eat healthy food?

Yes

No

Does your friend eat junk food?

Yes

No

Discuss with your friend about junk food.

### I can do

I. Write the name I. Write the names.



Mango



carrot



potato



papaya

III. Circle the correct one.



This / That is a papaya.



This/ That is a mango.